

Pre-Writing Strokes Practice Pack

The 13 strokes every preschooler needs before letters — trace big first!

1. Vertical line

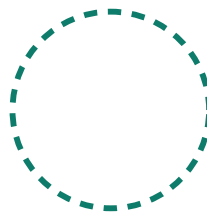
Trace each dotted stroke with a finger first, then a chunky crayon. Big and slow wins.



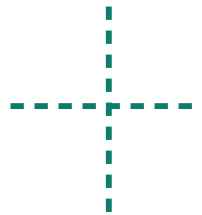
2. Horizontal line



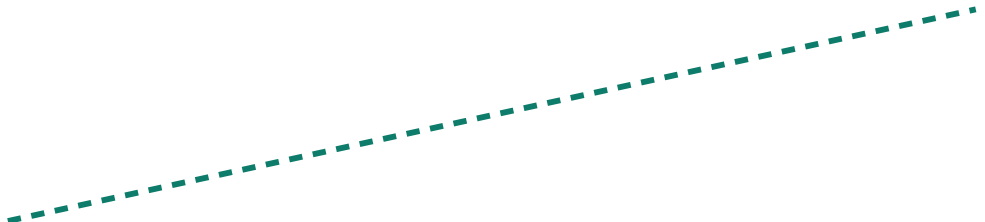
3. Circle



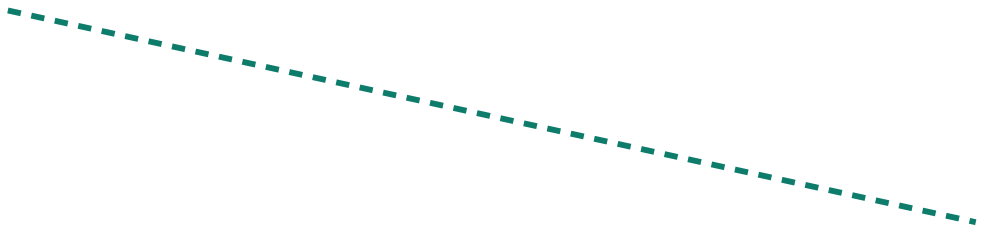
4. Cross



5. Diagonal /



6. Diagonal \



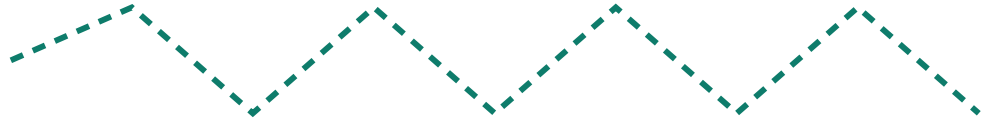
Pre-Writing Strokes Practice Pack (continued)

Keep tracing — big and slow wins.

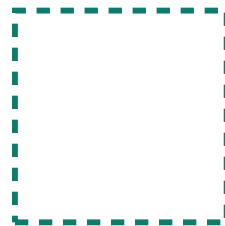
7. Wavy line



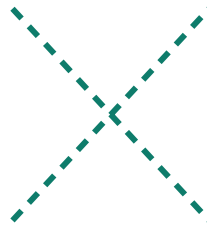
8. Zigzag



9. Square



10. X



11. Triangle



12. Arc



13. Spiral / loop



The Gentle 4-Week Plan

Three 10-minute sessions per week covers all 13 strokes.

Week 1 — Lines and circles

Salt and finger paint: vertical lines, horizontal lines, circles. Play first, cheer every try.

Week 2 — Crosses and diagonals

Chalk and chunky crayons: crosses, both diagonals, wavy lines. Model aloud: "we start at the top, like rain falling."

Week 3 — Zigzags and shapes

Big paper: zigzags, squares, triangles, X. Combine strokes into pictures — a circle plus lines becomes a sun.

Week 4 — Arcs, loops, then worksheets

Water brush on the fence: arcs, loops, spirals. Then open this pack: trace the big dotted strokes with a finger first, then a crayon. 10 minutes max.

Heavy pressure? Chunky crayons and chalk snap under hard pressure — instant feedback.

Frustrated? Stop, play big again tomorrow. Strokes come before letters, always.